

# COUNTY TRAINING SELECTION POLICY

## 1. INTRODUCTION

The County Training programme provides the best and most committed players in the County with the opportunity to train and compete with one another. The purpose of the programme in Hampshire & IOW is to accelerate the development of players, help retain players in regular training and prepare teams for inter-county matches.

### County Training

County Training is subsidised for players and is a part of the LTA Player Pathway. Players need to be invited to attend and there are a limited number of spaces available to players in each age-group. The selection process can sometimes be very competitive.

This document outlines the criteria for players to achieve selection for County Training. The selection process is led by the County Performance Manager and Mini Tennis Co-ordinator and in consultation with the Performance Sub-Committee. Selections for the period September – July will take place after the County Championships at the end of August.

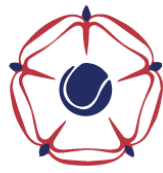
Any queries regarding selections should be emailed to [info@hampshireiow.tennis](mailto:info@hampshireiow.tennis).

## 2. ELIGIBILITY

- Players will predominantly be selected for their own age group, but there may be exceptional circumstances where players are invited to attend training at an older age group.
- In some age groups it may be appropriate to run linking groups which sit just underneath the County Training groups and players will be invited accordingly.
- Players must be eligible to represent Hampshire & IOW according to the current LTA guidelines or be able to demonstrate that they will be eligible within the next six months. The LTA rules governing a player's eligibility to represent the county are:
  - Born in the Hampshire & IOW
  - Lived in Hampshire & IOW for at least six months
  - At any time the place of permanent resident has been in Hampshire & IOW for a period of five consecutive years
  - Parent is serving full-time in the British Regular Armed Forces and has resided in Hampshire & IOW for at least six months
  - Not represented another County for at least six months

## 3. SELECTION CRITERIA

- The competitive profile of a player will be an important consideration towards selection. Players of County standard and above would usually be competing to the extent described below, although some players may be working towards this:



8U Red – competing internally in their club, externally at other clubs and at LTA graded events

9U Orange – competing internally in their club, externally at other clubs and at LTA graded events

10U Green – competing at LTA graded events in their county and at regional level events

12U – competing on a monthly basis in LTA graded county and regional level events

14U – competing accordingly to an annual plan which includes regional, national and international events

16U – competing accordingly to an annual plan which includes regional, national and international events

- The selection process will take into account any rankings / ITF World Tennis Number / Recent Forum points a player has.
- The weekly training programme to which a player is committed to will be considered, although in some cases this will be an area of development during the training programme. Players attending County Training would ideally be training regularly on a weekly programme overseen by an individual coach at their club. As a guide:-

8U Red – Three tennis sessions a week including one individual lesson with a coach

9U Orange – Three tennis sessions per week including one individual lesson with a coach

10U Green – Three tennis sessions per week including one individual session with a coach

11U – 18U – Four tennis sessions per week including one lesson with a coach

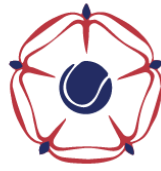
For the 8U – 10U players, we would encourage players to play other sports

For the 11U+ players, they should be considering an appropriate strength and conditioning programme

- Players can be considered for selection through a coach nomination from their individual coach, a County Captain, the Head of Performance or the County Mini Tennis Co-ordinator. This can happen at any time during the year.
- Account may also be taken of the level of a player's commitment to County tennis in the previous year.

#### **4. COMMUNICATION OF SELECTIONS**

- Players will receive an email / letter from Hampshire & IOW Tennis notifying them of their selection for County Training. The email / letter will detail the group a player has been selected for, dates and venues and the Clubspark link to book and pay for each session.
- Players will be notified at the beginning of September.



## 5. SELECTION REVIEWS

- The attendance and attitude of players will be monitored by the County Team during the training sessions. The County Team will have the opportunity to review the selections of players twice a year if they feel there is a need to do so. It is possible that players could be de-selected or warned about the potential for de-selection following these reviews.

Policy adopted on: 1st September 2021  
Policy reviewed on: 10th May 2024 (RC)  
Date of next review: 10th May 2027

Name – Lois Nash  
Role – Chair  
Date – 1<sup>st</sup> September 2021

### Approved Version History

Ser	Version	Date	Chair
1	1.0	1 <sup>st</sup> September 2021	Lois Nash
2	1.1	1 <sup>st</sup> November 2022	Lois Nash
3	1.2	10 <sup>th</sup> May 2024	Lois Nash